



FIRST AID COURSE



**Sunday 17th August
10.00am - 2.00pm
Brockmoor, Brierley hill, West Midlands**

British Sport Martial Arts Academy is pleased to offer a First Aid Training Course on Sunday 17th August between 10.00 and 2.00 pm to be held at our Academy in Brierley Hill.

DISCOUNTED RATE OF £25.00 per person (includes certificate, books etc)

This course is designed for the “Appointed Person” in Martial Arts Clubs and at work.

What you will learn:-

Basic lifesaving First Aid with particular reference to injuries that may be sustained whilst participating in martial arts and the relevant regulations

Course content

Insight into Health and Safety (First Aid) Regulations

Managing an incident - Priorities of First Aid

Resuscitation

Blood loss

Treatment of an unconscious casualty

Treatment of shock

General discussion on common club injuries

For more information and to book your place, please contact us at:-

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